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## SCENIC LUXURY CRUISES & TOURS UNVEILS ULTRA-LUXE WELLNESS RETREATS IN CELEBRATION OF NATIONAL WELLNESS MONTH



Hi-res imagery may be found [here](#) or via the [Digital Media Center](#)

**Hollywood, FL (August 7, 2024)** – [Scenic Luxury Cruises & Tours](#), celebrated for its unparalleled Discovery Yachts and river cruise voyages, is expanding its exceptional standards of luxury to the realm of wellness. In honor of National Wellness Month this August, Scenic proudly unveils three Wellness Retreat Cruises designed to deliver a harmonious blend of luxury and profound rejuvenation, providing guests with an unparalleled opportunity to renew body, mind, and spirit while traveling. As a brand synonymous with effortless elegance, Scenic is poised to offer a journey of self-discovery that reflects its commitment to opulence, sophistication, and transformative experiences.

Each Wellness Retreat offers a distinct range of experiences designed to cater to all aspects of well-being. Guests will engage in masterclasses such as Healthy Cooking and Smoothie Power Sessions and participate in immersive workshops including Massage Basics and Headache Relief. The retreats include daily activities like Yoga classes to promote inner balance, Pilates for enhanced flexibility and core strength, and Full Body Stretch classes for relaxation and muscle elongation. Guests can also enjoy dynamic circuit training and calisthenics classes, Foot Fitness to alleviate discomfort, and Zumba to elevate spirits through rhythmic dance. Additional activities include Fit Ball classes for back pain relief, Meditation and Sound Healing with Tibetan Bowls, and a variety of enriching lectures and workshops led by wellness experts. All programming is crafted to deliver holistic benefits, promoting relaxation, vitality, and self-care that travelers can enjoy aboard the luxury yacht but can also incorporate into their daily routines back at home

### [Barbados to Brazil](#) | 12-days | Departs: November 5, 2024

The inaugural retreat, setting sail from Barbados to Brazil in November 2024, offers a rejuvenating 12-day voyage through stunning Caribbean waters to the remote shores of French Guiana and the vibrant beaches of Brazil. Onboard, guests will experience Scenic Eclipse's 5,920 sq ft Senses Spa, complete with infrared and bio saunas, a cold plunge pool, and a Vitality Pool. The journey features luxurious days at sea, expert-led wellness classes, and enriching shore excursions, including a memorable crossing of the Equator, a time-honored maritime tradition.

### [Barbados to Spain](#) | 10-days | Departs: April 24, 2026

In 2026, Scenic will introduce a second 10-day Wellness Retreat onboard *Scenic Eclipse*. Guests can sail from the dazzling waters of the Caribbean to the vibrant capital of the Canary Islands and enjoy a captivating blend of culture, history, and natural beauty. With just a few port stops, this is a cruise voyage to focus on ultimate relaxation, self-care and indulgence on board. During idyllic days at sea, guests have time to slow down, embrace the rhythm of the ocean and indulge in the all-inclusive spa program with facilities such as infrared and bio saunas, a cold plunge pool, and the KLAFS Salt Therapy Lounge with ocean views.

### **Panama City to Valparaiso | 10-days | Departs: October 26, 2026**

The third standout Wellness Retreat for 2026 is an indulgent journey from Panama City to Santiago, designed for those seeking ultimate self-care and relaxation. This 10-day voyage is the epitome of opulent rejuvenation, offering a sanctuary of tranquility amidst stunning ocean views. The retreat features blissful days at sea, where guests can immerse themselves in expert-led Yoga and Pilates, meditative practices, and soothing sound healing sessions. This voyage offers a perfect blend of cultural exploration and complete, unabashed self-care, ensuring every moment is devoted to relaxation and indulgence.

*Scenic Eclipse*, The World's First Discovery Yacht, is renowned for its premier wellness amenities, including the acclaimed Senses Spa and cutting-edge fitness facilities. These new Wellness Retreats build upon this exceptional foundation, offering a unique fusion of luxury and holistic rejuvenation that sets Scenic apart in the world of high-end travel. To further enhance the 2024 wellness experience, guests can pre-book additional Spa Packages, with savings of up to \$489, ensuring a seamless and personalized rejuvenation journey.

For more information about Scenic's Wellness Retreats and to embark on these extraordinary journeys, visit <https://www.scenicusa.com/ocean/plan-your-journey/limited-edition-cruises/spa-voyages>. Additional information on these and other cruises, brochures and reservations can be obtained via travel advisors; or in the US: [www.scenicusa.com](http://www.scenicusa.com), phone (844) 788-7985, email: [info@scenicusa.com](mailto:info@scenicusa.com). Brochures can also be downloaded directly from the website.

### **About Scenic Luxury Cruises & Tours**

Scenic Luxury Cruises & Tours has grown over its 37-year history to include award-winning, truly all-inclusive river and ocean cruises and handcrafted land journeys that take guests to many of the world's most fascinating destinations. In 2019, Scenic introduced *Scenic Eclipse*, The World's First Discovery Yacht™, followed by *Scenic Eclipse II*, on April 13, 2023. Scenic is part of The Scenic Group, which includes Emerald Cruises, Mayflower Cruises & Tours, and Evergreen Tours. Scenic can be found on Twitter at @ScenicLuxury, on Facebook as ScenicCruises and on Instagram as Scenic.luxurycruisestours.

Additional information on these and other cruises, brochures and reservations can be obtained via travel advisors; or in the US: [www.scenicusa.com](http://www.scenicusa.com), phone (844) 788-7985, email: [info@scenicusa.com](mailto:info@scenicusa.com). Brochures can also be downloaded directly from the website.